



IMPORTANT INFORMATION

Thank you for booking your session with us at Path of the Horse.

We have prepared the following notes to assist you with your first and ongoing sessions with us. These measures will help you understand what to expect along with some privacy and safety measures that are very important.

Firstly, we want you to get the most from your time with us and our wonderful horses and we want to keep you and our herd safe too.

1. You are always welcome just the way you are.

No matter how you are on the day, it's OK as we never judge and are here to help, all feelings are welcome here at The Path of the Horse.

2. **Please do not arrive early.**

We deal with clients that face many of life's challenges, including trauma, depression and anxiety. Please respect their privacy, as it is paramount when we are doing the work. Feel free to wait at the front gate until your scheduled appointment, as we do not have waiting rooms.

3. Please assist us by keeping to your scheduled appointment duration.


Our therapists work very hard and need to do reports, notes, set up and horse care between sessions and have other clients to help too. They get few breaks.

4. Please wear appropriate clothing and footwear.

Sturdy boots are vital. Wear waterproof jackets, hats etc., pending conditions. We are 740m above sea level at The Path of the Horse and Trentham is known as having a cool climate generally, 5 degrees cooler than Melbourne on a good day. Be prepared!

5. Our driveway has a 20kmh speed limit

to protect both humans and horses.

 0418 354 362

 dean@pathofthehorse.com.au

 351 Domino Rd Trentham, Victoria
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6. Please follow all signage and instructions.

We ask that you do not engage with the horses without one of our staff being with you. Never enter their space without us and please never feed them by hand. There will be lots of time for you to spend with our wonderful herd if you wish.

7. Everything we do with the herd is an invitation only.

Please always do what feels safe and comfortable for you. We love it when you let us know how you are feeling and what you might like to explore. Some people are wary of horses and that's OK. Our gentle herd will help you through that too. Let us know if there are any special activities or horses that you would like to work with.

8. Health Conditions.

If you or anyone you are bringing has any health conditions that may impact their level of participation or the way they may interact with the herd, please let us know in advance. We want to be able to support everyone to interact with a horse or herd members if they wish.

9. Let us know who is attending.

If you have arranged an individual appointment for you, that's fine however, if you have arranged to bring others with you such as in a Family Session, please let us know well in advance. We will need the names and ages along with any health conditions that exist for participants as we may need extra staff. Any notes that you can send us prior to the session in relation to any issues or challenges that you or your children or those in your care face will be a great help. Each participant will require a signed Waiver Form (sent separately).

10. If you need to reschedule or cancel your session,

please notify us at least 48 hours prior to your session. Failure to do so means we may not be able to fill your vacancy which costs our Charity and is unfair to the staff who give their time to support you. Less than 48 hours notice will require a minimum \$120 cancellation fee. If you need to cancel or reschedule your appointment, please contact your practitioner directly.



11. The Path of the Horse is a Registered Charity

with the ACNC and has Tax Deductible Status.

All our profits go back into our Charity to support many clients who are vulnerable and unable to afford mental health support including victims of domestic violence, veterans and the underprivileged. We strive to improve our facilities whenever finances permit and keep the costs as low as we can. Horses and property maintenance are expensive and very labour-intensive.

12. Follow Us for updates

Our website is www.pathofthehorse.com.au

You can sign up to our mailing list online.

Follow us on social media via:

Facebook – Path of the Horse

Instagram @pathofthehorsetrentham

13. Payment.


Cash on the day is appreciated as we have no EFTPOS device (poor network). If you wish to pay via direct deposit, please only do so after we have sent an invoice to you. GST is applicable in most instances.

14. Getting to The Path of the Horse.

Please **DO NOT** follow your GPS/iPhone maps or Sat/Nav. These systems and mapping devices can tell you terrible lies and have gotten many visitors stuck in the bush at the end of dead-end roads!

Only ever enter the Path of the Horse via Domino Rd off the Trentham Blackwood Rd. Any other road and you are lost.

If you are coming via Trentham turn from High St onto the Blackwood Trentham Rd (The Cosmopolitan Hotel is on that corner). Proceed 1.7kms on this road towards Blackwood and then turn right on to Domino Rd, which is a good, straight gravel road with a few hills and normal cars will be just fine.

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After 1.9kms our sign and gate will be on your right. Both Domino Rd (brown sign) and The Path of the Horse (blue sign) will be on your left.

If coming from the Western Hwy via Greendale, Blackwood and Newbury, you will turn left up Domino Rd to our gate. Both Domino Rd (brown sign) and The Path of the Horse (blue sign) will be on your right.

Only enter when it is time for your scheduled appointment and not before, proceed 350 meters down the driveway to the shed and we will get started!

15. We have also included our standard Waiver Forms in this email.

They are in the format and wording required by our Insurance Company in accordance with our Public Liability Insurance Policy. Please feel free to fill them in and bring them with you. We always have some here if needed and if others in your care are coming via prior arrangement, please have a form for each participant.


16. Remember, this is your session, and we will work with you in a way that is safe for you and supports you.

Please feel free to talk about what works best for you. Dean is a certified Psychotherapist (trauma Trained) and member of PACFA and IICT and qualified in Equine Assisted Therapy. Dean does room-based work or with the horses so please discuss your requirements with him.

Donna is a Certified Equine Assisted Learning Specialist and is renowned for her work with people of all abilities.

We look forward to seeing you at your appointment and feel free to call Dean or Donna prior to your appointment if you have any additional needs or requirements that we can assist with.

Dean Ph: 0418 354 362 | Donna Ph: 0488 343 248

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